

## Autumn Term Snack Menu 2026

**Milk and water are offered to drink at all snack times. All children are offered snack but it's their choice to eat it or not. If children do not want snack, they are encouraged to at least have a drink.**

### WEEK 1 (WK/B Aug 31<sup>s</sup>, 28<sup>TH</sup> Sept, 26<sup>th</sup> Oct, 2<sup>nd</sup> Nov, 30<sup>th</sup> Nov)

| Day       | Morning Snack                                 | Afternoon Snack                           |
|-----------|-----------------------------------------------|-------------------------------------------|
| Monday    | Crackers and cheese spread <b>Gluten Milk</b> | Fruit Bowl                                |
| Tuesday   | Fruit Bowl                                    | Rice Cakes and strawberries <b>Gluten</b> |
| Wednesday | Fruit Toast <b>Gluten</b>                     | Fruit bowl                                |
| Thursday  | Fruit Bowl                                    | Breadsticks and dip <b>Gluten Milk</b>    |
| Friday    | Malted wheat Cereal * <b>Gluten</b>           | Fruit Bowl                                |

### WEEK 2 (WK/B 7<sup>th</sup> Sept, 5<sup>th</sup> Oct, 9<sup>th</sup> Nov, 7<sup>th</sup> Dec,

| Day       | Morning Snack                            | Afternoon Snack                         |
|-----------|------------------------------------------|-----------------------------------------|
| Monday    | Fruit Bowl                               | Peppers and cheese cubes <b>Milk</b>    |
| Tuesday   | Crumpets <b>Gluten</b>                   | Fruit Bowl                              |
| Wednesday | Fruit Bowl                               | Oat cakes and grapes                    |
| Thursday  | Greek yogurt and blueberries <b>Milk</b> | Fruit Bowl                              |
| Friday    | Fruit Bowl                               | Baby corn, cucumber and dip <b>Milk</b> |

### WEEK 3 (WK/B 14<sup>th</sup> Sept, 12<sup>th</sup> Oct, 16<sup>th</sup> Nov, 14<sup>th</sup> Dec)

| Day       | Morning Snack                                 | Afternoon Snack                           |
|-----------|-----------------------------------------------|-------------------------------------------|
| Monday    | Crackers and cheese spread <b>Gluten Milk</b> | Fruit Bowl                                |
| Tuesday   | Fruit Bowl                                    | Rice Cakes and strawberries <b>Gluten</b> |
| Wednesday | Fruit Toast <b>Gluten</b>                     | Fruit bowl                                |
| Thursday  | Fruit Bowl                                    | Breadsticks and dip <b>Gluten Milk</b>    |
| Friday    | Malted wheat Cereal * <b>Gluten</b>           | Fruit Bowl                                |

### WEEK 4, (WK/B 21<sup>st</sup> Sept, 19<sup>th</sup> Oct, 23<sup>rd</sup> Nov

| Day       | Morning Snack                            | Afternoon Snack                         |
|-----------|------------------------------------------|-----------------------------------------|
| Monday    | Fruit Bowl                               | Peppers and cheese cubes <b>Milk</b>    |
| Tuesday   | Crumpets <b>Gluten</b>                   | Fruit Bowl                              |
| Wednesday | Fruit Bowl                               | Oat cakes and grapes                    |
| Thursday  | Greek yogurt and blueberries <b>Milk</b> | Fruit Bowl                              |
| Friday    | Fruit Bowl                               | Baby corn, cucumber and dip <b>Milk</b> |

\*Cereal offered will likely be supermarket own brand, children will be offered the choice of milk/ dry cereal

Fruit bowl- Children will be offered a choice of apple, pear, banana, satsuma, plums, Grape, melon, pineapple  
Where possible allergen free alternatives will be offered as close match as possible, dairy free spread is always used instead of butter.

Considerations will be taken into account for children who may have sensory issues around food.